

**Level 9 / 10 Regional Championships
2007**

4/4/07

FRIDAY April 20, 2007	Level 10	
SESSION I	Level 10 - JR A / JR B / JR C	[12] [18] [14]
9:00	Check In	
9:30	Open Stretch	
10:00	Flight 'A' Warm up 1 st event	Warm up Gym
10:15	March Out	
10:30	Competition Begins	
1:30	Awards	
SESSION II	Level 10 - JR D / SR C / SR D	[14] [17] [14]
2:30	Check In	
3:00	Open Stretch	
3:30	Flight 'A' Warm up 1 st event	Warm up Gym
3:45	March Out	
4:00	Competition Begins	
7:00	Awards	
SATURDAY April 21, 2007		
8:00 – 10:00	Level 10 – JR A –B-C- D SR C – D JO National Qualifier Meeting	Stony Brook University
	Level 10	
SESSION III	Level 10 - SR A / SR B	[15] [16]
9:30	Check In / Open Stretch	
10:15	Flight 'A' Warm up 1 st event	Warm up Gym
10:30	March Out	
10:45	Competition Begins	
12:45	Awards	

SATURDAY April 21, 2007	Level 9	
SESSION IV	Level 9 - JR B / SR C	[26] [21]
1:45	Check In / Open Stretch	
2:30	Flight 'A' Warm up 1 st Event	Warm up Gym
2:45	March Out	
3:00	Competition Begins	
6:00	Awards	
SESSION V	Level 9 - SR A / SR B	[17][15]
6:30	Check In / Open Stretch	
7:15	Flight 'A' Warm up 1 st Event	Warm up Gym
7:30	March Out	
7:45	Competition Begins	
9:45	Awards	
SUNDAY April 22, 2007		
8:30 – 9:30	Level 10 – SR A - B JO National Qualifiers Meeting	Stony Brook University
	Level 9	
SESSION VI	Level 9 - JR A / JR C	[27] [17]
9:00	Check In / Open Stretch	
9:45	Flight 'A' Warm up 1 st Event	Warm up Gym
10:00	March Out	
10:15	Competition Begins	
1:00	Awards	
SESSION VII	Level 9 - JR D / SR D	[17] [31]
1:30	Check In / Open Stretch	
2:15	Flight 'A' Warm up 1 st Event	Warm up Gym
2:30	March Out	
2:45	Competition Begins	
5:45	Awards	